

# Exercise Opportunities

## **Chair Yoga**

Every Wednesday, 10:00 - 11:15 a.m. at Stanton Hall, \$5 per class

## **Line Dancing**

Every Thursday, 10:00 - 11:00 a.m. at Stanton Hall

Runs September through June

## **Pickleball**

Every Thursday, 2:00 - 6:00 p.m. Behind Library

Equipment Available for Use at Other Times - Sign Up for Lock Combination

## **Gateway Fitness Center**

Monday - Friday (when school is in session), 2:10 - 5:00 p.m.

at Gateway Regional High School

Registration and waiver paperwork is required for each program and needs to be completed before starting. Paperwork is available at Town Hall or by contacting the COA at coa [at] huntingtonma.us or 413-512-5205.